

Activity: Balloon Tennis

BALLOON TENNIS

Because, who doesn't like balloons?
This game is good for gross motor skills, and
it makes being stuck inside more fun.

WHAT YOU NEED

- Balloons
- Paper Plates
- Popsicle or Craft Sticks
- Glue or Strong Tape
- Ribbon



- Glue or tape the sticks to the backs of the paper plates. This creates paddles, or "tennis racquets."
 - Blow up a few balloons.
- Tie the ribbon between two chairs or two other solid objects to create the "net"
- Grab a "racquet" and start playing.

For solo games, lose the net and simply try to keep the balloon from touching the floor using the "racquet."